



FROM RESPONSE TO RESILIENCE

Quarterly digest of the CO "100% Life. Zaporizhzhia"

- system-level services
- early intervention
- medical license
- new opportunities

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ЗАПОРІЖЖЯ



Create Opportunities to Survive and Recover

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The first quarter of 2026 is a **period of consolidation**: a shift from emergency response to the implementation of system-level solutions. Amid the ongoing war, we not only **support people** in moments of crisis, but also develop sustainable services that will remain accessible **to communities** in the long term.

We are consistently building a **support system** where humanitarian response, public health, and social services are brought together. **And at the center of this work are**

PEOPLE AND THEIR RESILIENCE DESPITE THE MOST CHALLENGING CIRCUMSTANCES

A significant milestone during the quarter was **obtaining a medical license**, enabling us to expand access to high-quality primary healthcare and rehabilitation services. At the same time, we continued **to strengthen our Early Intervention services** - an example of effective collaboration between the state and civil society that is already improving the lives of children and families while **laying the foundation for their future**.

KEY ACHIEVEMENTS OF THE QUARTER

3800+

people received support

79

specialists of the Organization's team

6 362 704,49 UAH

invested in assistance and support

11

projects implemented by the organization's team

27

program areas implemented by the Organization's team.

GEOGRAPHIC COVERAGE

- Zaporizhzhia, Dnipropetrovsk, Kharkiv regions.

PEOPLE WE SUPPORTED



people with disabilities, children with disabilities or developmental disorders, and their families



veterans and their families;



internally displaced persons, residents of frontline communities;



people with chronic and infectious diseases, including large families, the elderly, LGBTQ+, people with addictions.

SPHERES OF ACTIVITY



Child Protection



Public Health



Humanitarian Response



Support for veterans and their immediate circle

MAIN EVENTS OF THE QUARTER



System-level services and new opportunities

- continued providing the **Early Intervention services** for children through the organization's two centers;
- launched **a needs assessment** of children with disabilities and their families;
- obtained **a medical license** to expand primary healthcare and rehabilitation services;



Strategic management and analytics

- Under the chairmanship of the Executive Director of the organization, held **the Regional Council** for the Coordination of Actions in response to the spread of tuberculosis, HIV, and other socially significant diseases.
- The organization's experts contributed to a **strategic HIV risk assessment** in Zaporizhzhia region, analyzing the current situation and **identifying key challenges** for the public health system
- strengthened **organizational capacity** through the update of 3 internal policies.



Training and community development

- the organization's experts **conducted a training** session for specialists working **with veterans** on countering stigma and discrimination against people with addictions. The event contributed **to increasing** sensitivity and the quality of support for veterans.
- delivered an **educational session** for adolescents on HIV and viral hepatitis. Participants gained **knowledge** on prevention, debunked common myths, and discussed the importance of **responsible health behaviours**.



International cooperation and security

- the Chairwoman of the Board and the Director of Strategic Development participated in an **international summit in Brussels** on information security, where they discussed the role of the Ukrainian experience in **countering disinformation and strengthening societal resilience**.
- a **working meeting** was held with representatives of the UN Health Cluster. The **coordination of humanitarian assistance** and effective approaches to providing support to the affected population were discussed.

STORIES THAT CHANGE LIVES

“

Sofia, 8 y.o.: "We defeated the disease because we didn't fight alone."

”

I thought that I had simply caught a cold. My forehead was very hot, my head ached severely, and I was so weak that I did not even want to play with my toys. My mother was worried, but the doctors initially said that it was a common illness.

But then I felt much worse. I remember the hospital, many tubes and machines. It was frightening. The doctors said that I had tuberculous meningitis. And my mother also fell ill. We were both very sad and tired.

Then a kind social worker from "100% Life. Zaporizhzhia" came to us. She helped my mother understand everything, found medications for us, and even organized meetings with a psychologist so that I would be less afraid. She always said that we were strong and everything would work out for us.

The treatment was long - a full four months. And now I am home again. I can draw, watch cartoons, and simply be a child. I am very glad that there were people nearby who helped us.

“

A family from Zaporizhzhia: "The first 'give' instead of a thousand tears."

”

Every day used to feel like an explosion: tantrums, tears, and constant misunderstanding. Our son could not tell us what he wanted, so he would often throw himself on the floor or lash out physically, while I felt completely helpless. We did not know how to communicate with him or how to help him manage his emotions.

Everything changed when we turned to the Early Intervention team at "100% Life. Zaporizhzhia." The specialists did not just work with our son - they gave us, as parents, clear tools: how to respond to challenging behaviour and how to teach our child to express his needs without crying.

We worked together for two months, and now we are witnessing a miracle. For the first time, our son reached out his hand and said "Give" instead of screaming. He began to respond to the word "stop" and is no longer afraid of the world around him. Now we have confidence, and our son has a way to be heard.

“ Oleksii (name changed): *"How we overcame the fear of HIV status together"* **”**

For years, I lived with a secret that consumed me. I knew about my HIV status, but I did not take medication and was afraid to tell my wife. It seemed to me that as soon as I told the truth, my family, with whom we had traversed the path of internally displaced persons, would simply turn away from me.

Everything changed when my wife turned to "100% Life. Zaporizhzhia". Thanks to the support of specialists, she learned about the virus **not as a death sentence, but as a disease** with which one can live. When she called me and, instead of accusations, said, **"We will cope," I was finally able to breathe.**

But the most important moment was the test for the children.

When we received the negative examination results for the little ones, the fear finally receded. Currently, my wife and I are **undergoing therapy** in order to be with them for as long as possible. This assistance saved not merely my health - **it returned healthy parents to my children**, and an honest tomorrow to our family.

“ Vitalii, a veteran: *"Now I am becoming the support that once saved me."* **”**

My path in "100% Life. Zaporizhzhia" began in 2024, during **the most difficult period for me**. After demobilization, a complex neurosurgical operation, and long months of rehabilitation, I sought not merely treatment, but understanding. **Thus, I joined the peer-to-peer self-help group "Phoenix".**

There, I found a place where I did not have to explain anything. Side by side with my fellow veterans, step by step, **I felt my inner strength** recovering alongside my physical condition. This group became a source of support for me, helping me get back on my feet.

But I decided not to stop at my own recovery. **Today, I actively work within the veteran community**, representing the district council of veterans, and participating in municipal initiatives.

But most importantly — I am studying to become a facilitator of peer-to-peer groups.

My goal is to lead support groups myself. **I want to be alongside** those who are just beginning their path, and help them **find that strength** which once **returned me to life.**

PARTNERSHIP NEWS


The organization has expanded its cooperation with communities, business, and international partners to strengthen support for the population.


- 1** Memoranda have been signed with the **Sofiivska, Petro-Mykhailivska, and Stepnenska communities** of the Zaporizhzhia region to ensure the sustainability, development, and access to humanitarian, social, psychological, legal, and educational support for the population.
- 2** A partnership with business is growing - we are implementing a joint project with the **"Auchan Foundation"** for the provision of hot meals to the affected population.
- 3** New projects have been initiated in cooperation with the **International Renaissance Foundation** - for the support of veterans, and the **Charitable Foundation "Caritas Zaporizhzhia"** - to improve nutrition for people in difficult life circumstances.
- 4** The **"Center of Cultural Services of Zaporizhzhia"** provided gifts for children suffering from tuberculosis in order to support them.





MEDIA MENTIONS


Click on the text with the link to see more


 Our work was featured in Slovenia: Družina Media [Druzina.si](#) (Ljubljana) prepared a material regarding the activities of the [CO "100% Life. Zaporizhzhia"](#) and the lives of people near the front line in Ukraine


 An [experimental Early Intervention project](#) is being implemented in the [Zaporizhzhia region — Vodianska community](#).

 [MTM TV Channel \(Zaporizhzhia\)](#) covered a recreational activity event organized at the Unbreakable Hub "Titan" for children of veterans and fallen defenders.

 [Winners of the third round of the Small Grants Competition](#)

 [Early Intervention service - Zaporizhzhia City Council](#)

 [Child Protection is a priority – joint actions with representatives of the public sector were discussed at the Zaporizhzhia Regional Prosecutor's Office.](#)

 ["A World of Joy and Opportunities" - Zaporizhzhia City Council](#)



LOOKING AHEAD TO Q2



"Supporting People with Substance Use Disorders in Zaporizhzhia Oblast: Current Challenges and Issues"

a roundtable discussion to develop joint solutions for Zaporizhzhia Oblast.



A Peer-to-Peer Approach to Working with Veterans with Substance Use Disorders

presentation of the newly developed methodology



Assessing Rehabilitation Needs of Children with Disabilities and Their Families

presentation of the findings in Zaporizhzhia region



Joint Art Event

exhibition of paintings "Women. Peace. Security" with the "City Development Institute of Zaporizhzhia", the Coalition "Zaporizhzhia 1325", and the CSO "Women's Development Platform" aimed to draw attention to the role of women in peacebuilding.

WE ARE OPEN TO FURTHER COOPERATION

WITH PARTNERS, GOVERNMENT AUTHORITIES,
BUSINESS, AND CIVIL SOCIETY, CHARITABLE
ORGANIZATIONS.

We invite you to join us in collaborative projects, support programmes, educational initiatives, and advocacy efforts. Together, we can expand access to essential services and create sustainable solutions for those who need them most.





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